

Lifestyle:

Sunday 11.00-12.30pm

“Wellness through chanting”

Tutor: Tatiana Soloviova

Description

This workshop, Meditation and Sacred Chants for Wellness and Peace shall look at meditation and chanting practise exploring different spiritual traditions. In the Academy at Centre 70.

Tatiana Soloviova

Tatiana studied history at Moscow State University and, when writing a doctorate on British history, was awarded a scholarship to Lady Margaret Hall, Oxford University. Oxford is where Tatiana now liveTatiana Soloviova (PhD MMus Dip.ABRSM) studied history at Moscow State University and, when writing a doctorate on British history, was awarded a scholarship to Lady Margaret Hall, Oxford University. Oxford is where Tatiana now lives. It was music and teaching that became her full-time professional occupation, and gradually Tatiana has established herself as one of the most sought after singing and music theatre teachers in Oxford. She studied singing with the late Professor Evgenia Sheveliova at the Russian Academy of Music, published articles on the church music of Sergei Rachmaninoff, Stepan Smolensky, Arvo Pärt and her book “Stepan Smolensky and the Golden Age of Russian Sacred Music” available on Amazon.

www.TatianaSoloviova.com.



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